Michigan Department of Education Office of Health and Nutrition Services School Nutrition Programs

Local Wellness Policy: Triennial Assessment Summary

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

https://www.fns.usda.gov/tn/local-school-wellness-policy

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Buckley Community Schools

Month and year of current assessment: May 2025

Date of last Local Wellness Policy revision: 5/20/2025

Website address for the wellness policy and/or information on how the public can access a copy:

https://www.buckleyschools.com/food-service/

Section 2: Wellness Committee Information

How often does your school wellness committee meet? <u>3 times a year</u>

School Wellness Leader:

Name	Job Title	Email Address
Jessica Harrand	Superintendent	jharrand@buckleyschools.com

School Wellness Committee Members:

Name	Job Title	Email Address
Jessica Harrand	Superintendent	jharrand@buckleyschools.com
Rebecca Ryder	Food Service Director	rryder@buckleyschools.com
Todd Kulawiak	Secondary Principal	tkulawiak@buckleyschools.com
Nikki Torrey	Elementary Principal	ntorrey@buckleyschools.com
Brook Juday	Farm to School Coordinator	
Megan Armstrong	Nutrition Education Coordinator	
Cathy Booher	School Health coordinator	cbooher@northwested.org

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

xMichigan State Board of Education Model Local School Wellness Policy

- □ Alliance for a Healthier Generation: Model Policy
- □ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Policy included all the required components as well as goal in each required area. Thrun also reviewed the policy for legal compliance with state and federal laws.

The team did determine that some of the goals were easily attainable based on Buckley Schools common practice and opted to select some goals that were a bit more a stretch.

Goals were selected with Northwest Ed and SNAPED staff to support the alignment of current initiatives between the many groups. Also reviewed Health and classroom curriculum to align with goals and standards requirements.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- Attainable: Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- Time bound: Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing **SMART objectives**.

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Buckley Schools

Date: _____

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	 a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to- school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed. 	Before the beginning of next school year.	 Verbal check-ins with staff to ensure compliance. Teacher survey at end of school year. 	Principal	Teachers, staff, students	Yes
School hosts a garden	Plan what is to be planted Make determination on who will monitor watering and weeding Schedule and advertise summer classes		Number of students that attend in summer Quantity of food that can be utilized in lunch program		Teachers, Principals, students	
Local Products are incorporated at least once a month in the school meal program	Determine local sources Purchase items Apply for 10cents a meal	December 2025	from local vendors	Food Service Director	Food service Staff, students	

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
students in each grade	Determine staffing level need Adhere to schedule	Sept 2025	Master schedule	Nikki Torrey	Elementary Teachers, PE instructor, Elementary Parents	

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
)ct 2025	Activities occur at least		Teachers, Staff and	
events such as tastings,	Farmers market schedule		three times a year	Principal	students	
that high light						
local/regional products						

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The food service director offers reimbursable school meals that meet the USDA nutrition standards	Utilize Meal component tool Monthly menu creation with a rotation	Nov 2025		Food Service Director	Staff, Students, Parents	
Standards						

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):